

# SAMPLE ACTIVITIES CALENDAR

## Memory Support

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 A.M. Sit & Be Fit	9:15 A.M. Manicures & Hand Massages	9:30 A.M. Work Out to the Oldies	9:30 A.M. Inspirational Melodies	10:00 A.M. Quick Thinking
10:00 A.M. Team Trivia	10:30 A.M. Love on a Leash	10:00 A.M. Scategories & Categories	9:15 A.M. Muscle Matters	10:45 A.M. Charades
11:00 A.M. Musical Reflections	11:00 A.M. Relaxation Station	11:00 A.M. It's All Visual	11:00 A.M. Piggy Pies Pizza & Pasta Lunch Outing	1:30 P.M. Musical Moments & Memories
2:15 P.M. Ice Cream Social	2:00 P.M. Room Visits	4:00 P.M. Wine Down Wednesday	2:00 P.M. Table Talk & Games	2:00 P.M. Small Groups: Card Games & More
3:30 P.M. Brain Games	3:00 P.M. Music Therapy	6:00 P.M. Checkers Match	3:00 P.M. Soda Pop Bingo	3:00 P.M. Candy Bingo
6:00 P.M. Aromatherapy	4:00 P.M. Courtyard Cocktails	6:30 P.M. Classic Reruns	6:00 P.M. Movie Social: Lemonade & Popcorn	4:00 P.M. Pre-Dinner Patio Social