

SAMPLE ACTIVITIES CALENDAR

Assisted Living

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:30 A.M. Morning News	10:30 A.M. Bible Study	10:30 A.M. Band & Stretch	10:30 A.M. Move & Get Fit	10:30 A.M. Fun Friday
10:30 A.M. Exercise with Charles	10:30 A.M. Ball Bonanza	11:00 A.M. Chat Circle	10:45 A.M. Piggie Pies Pizza Outing	11:00 A.M. Balance Class
1:30 P.M. Trivial Pursuit	11:00 A.M. Balance Class	1:15 P.M. Watercolor Wonders	10:30 A.M. Wine & Paint	1:30 P.M. Movie Matinee
3:00 P.M. Walgreens Trip	2:00 P.M. Violin with Marek	3:00 P.M. Let's Play Bingo	3:00 P.M. Salsa Dancers	4:00 P.M. Happy Hour
3:00 P.M. Good Time Gang	3:15 P.M. TEDS Talks	4:00 P.M. Daily Rejuvenation	4:00 P.M. Book Review with Carol Brandon	5:00 P.M. Casual Dining
6:30 P.M. Movie Night	6:30 P.M. Dominoes	6:30 P.M. Movie Night	6:30 P.M. Card Craze	6:30 P.M. Movie Night